That Plant Fucker
Bad Poem

Do you create NEW YEAR’s Resolutions?

NO

Is it because you realize creating unrealistic goals on an arbitrary time-frame is pointless?

YES

GREAT!

NO

Is it because of your clinical depression and you understand the world is pointless and existence meaningless?

YES

I don’t understand you at all.

NO
Botanical Spotlight: Loofah

January is often about new beginnings (even if we quickly abandon those new beginnings for old habits). Then what better botanical spotlight than the humble loofah as it removes our old skin for fresh new.

How many know that loofah comes from a plant? What it's not a sea vegetable? Nope, it's actually a gourd: Luffa aegyptiaca and Luffa acutangula. Slow growing - it needs a long growing season. Perfect for tropical, subtropical, or whatever swamp climate Houston has. A throwback to a simpler time in our exfoliation obsession. An exfoliator you can compost.
7 Uses for Loofah

These ideas have not been tested and may, in fact, be completely ridiculous.

1. spa scrubber
2. cat toy
3. dish scrubber
4. tiny pool noodle
5. sex toy for the masochist
6. avant-garde bracelet
7. packing "peanuts"
Rant


January for me is not about new beginnings but mourning the end of the year. My "new beginnings" feeling doesn't usually show up until March when Spring is springing into a new cycle.

As loofahs are meant to slough away old skin, maybe January is time to slough away the past year in anticipation of new growth. Ooh, maybe we make spring resolutions instead of New Year's resolutions.
Shameless plugs

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